



2011 Great Prairie Dakota Dash 5k Fun Run  
 Presented by FamilyHealth Medical Clinic  
 Sunday, August 14, 2011  
 Dakota County Fairgrounds  
 Farmington, Minnesota, USA  
[www.greatprairiesports.com](http://www.greatprairiesports.com)

## Event Information

**SCHEDULE** (*tentative until August 8, 2011*)

Sunday, August 14, 2011

5:00 AM	Course and Start/Finish Line Setup
6:30 AM	Participant Check In Opens
7:00 AM	Music Starts
7:45 AM	Late Registration Closes
7:55 AM	Colors and National Anthem
8:00 AM	5k Fun Run Begins

**VENUE** Dakota County Fairgrounds  
 4008 - 220th Street West  
 Farmington, Minnesota, USA 55024

**START/FINISH** In front of Ahlberg Hall/Fair Office on 2nd Street.

**HOST** Great Prairie Sports

**SANCTIONED** USA Track & Field

**SPONSORS** Great Prairie Sports is grateful for our 2011 Partners:

**FamilyHealth Medical Clinic**



Great Prairie Sports  
 10990 40th Place North  
 Minneapolis, MN 55441



763-744-1111  
[info@greatprairiesports.com](mailto:info@greatprairiesports.com)  
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## Event Information

- CHECK-IN** Report to the administrative area no later than 15 minutes prior to the start.
- ELIGIBILITY** Open to all Runners and Nordic Walkers.
- AWARDS** Awards for 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> for Men's and Women's Running overall finishers.
- ENTRY FORMS** Registration is available at  
<http://www.events.runningroom.com/site/?racelid=7129&contentId=21529&vrindex=0>
- ENTRY FEES** \$25 per Adult and Nordic Walkers; \$20.00 per Junior (Age 17 and under) on or before Sunday, July 31, 2011.
- DEADLINE** Early registration ends on Sunday, July 31, 2011. Afterwards, a \$5 late fee will be added to any late registrant. Any registration received after August 7, 2011 will not include a t-shirt. Race Day registration will be available at the Start/Finish Line.
- REFRESHMENTS** A refreshment stand will be located near the Start/Finish area for participants and Volunteers only.
- VENUE PARKING**
1. Your **Running Room.com registration receipt** is your admission into the Fair on Sunday, August 14, 2011.
  2. Ample parking is available on the Dakota County Fairgrounds.
  3. Please enter the Dakota County Fairgrounds from the north at the 3rd Street Entrance. Daily Fair parking fees of \$5.00 apply and will be collected at the toll booth. Carpooling is encouraged.
- FAIR ADMISSION**
1. All participants of the 2011 Great Prairie Dakota Dash will receive free admission to the Dakota County Fair on Sunday, August 14, 2011.
  2. Spectators are encouraged to buy discounted admission tickets in advance.
- EVENT GUIDELINES**
- ~ Early Registration ends at midnight on Sunday, July 31, 2011 and includes a t-shirt.
  - ~ Pre-Registration ends at midnight on Sunday, August 7, 2011 and includes a t-shirt.
  - ~ We welcome Late and Race Day Registration, but it **does not include** a t-shirt.
  - ~ Your **RunningRoom.com registration receipt** will be needed to collect your t-shirt.
  - ~ Please complete the "Participant Waiver and Release of Liability" form on Page 9 on this packet and mail it to the address below. Thanks!!
  - ~ From the 2010 event, plan on running in areas of standing water.

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**GREAT PRAIRIE™**  
 2011 dakota dash  
 fun run

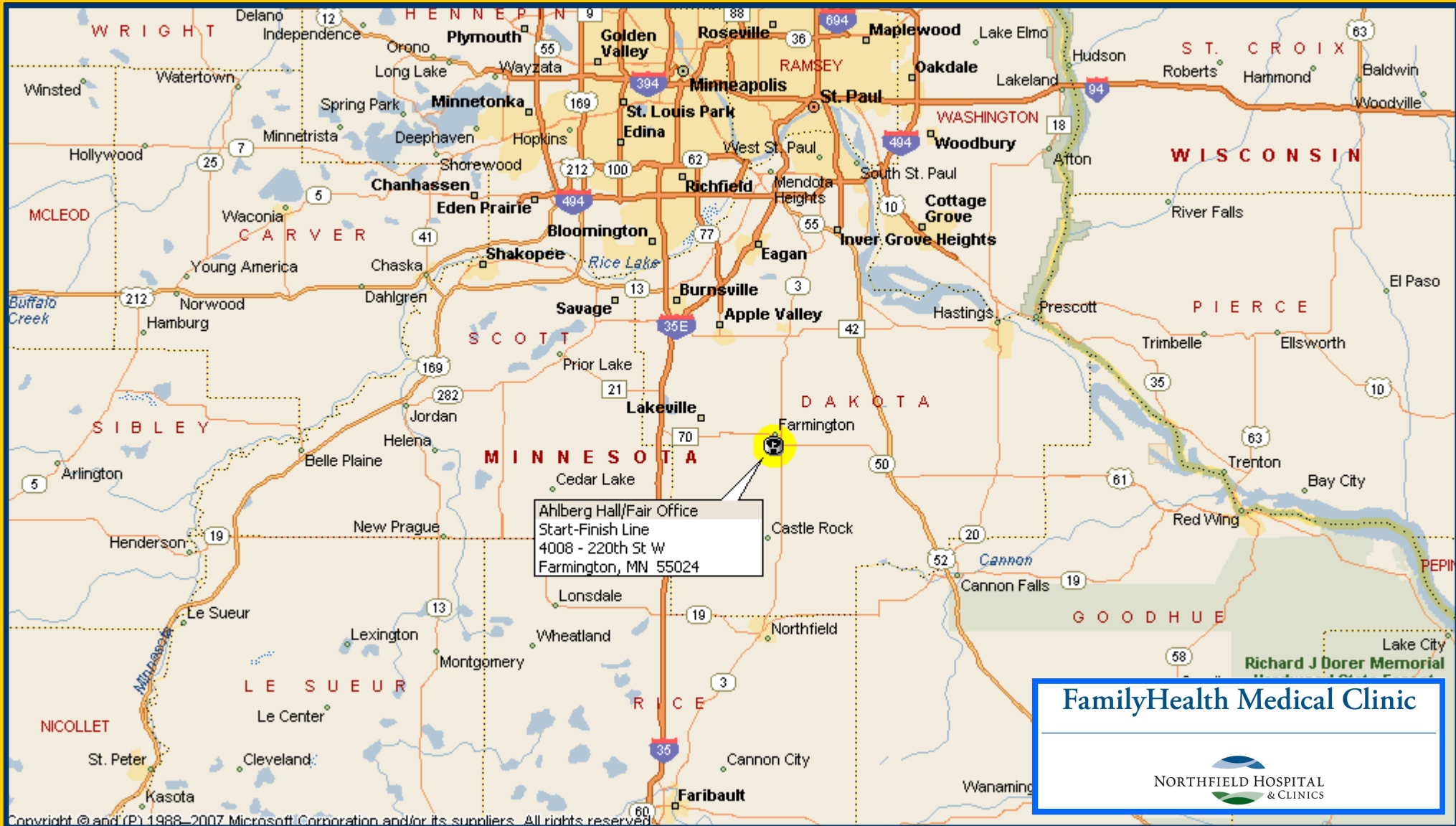
# 2011 Great Prairie Dakota Dash 5k Fun Run

## Presented by FamilyHealth Medical Clinic

### Venue Area Map

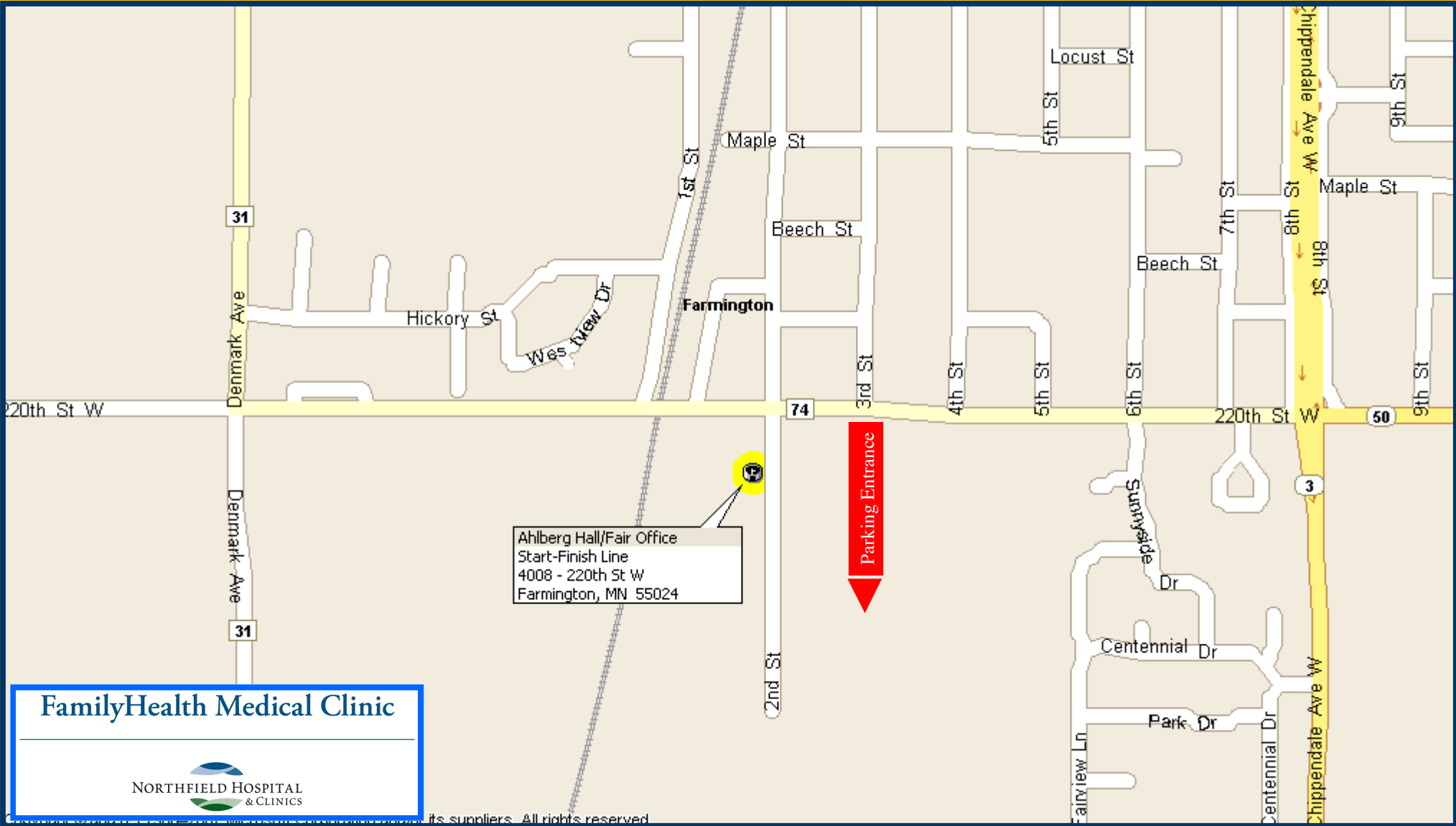


**GREAT PRAIRIE™**  
 2011 dakota dash  
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# 2011 Great Prairie Dakota Dash 5k Fun Run Presented by FamilyHealth Medical Clinic Venue Location Map



Ahlberg Hall/Fair Office  
Start-Finish Line  
4008 - 220th St W  
Farmington, MN 55024

Parking Entrance

**FamilyHealth Medical Clinic**

NORTHFIELD HOSPITAL & CLINICS

# 2011 Great Prairie Dakota Dash 5k Fun Run Presented by FamilyHealth Medical Clinic Course Map





**2011 Great Prairie Dakota Dash 5k Fun Run**  
*Presented by FamilyHealth Medical Clinic*  
**Sunday, August 14, 2011**  
**Dakota County Fairgrounds**  
**Farmington, Minnesota, USA**  
**www.greatprairiesports.com**

## Participant Waiver and Release of Liability

**Note: This form must be read and signed before the participant is permitted to take part in event sessions. By signing this agreement, the participant affirms having read it.**

**In consideration of my involvement at the Great Prairie Dakota Dash 5k Fun Run under the auspices of USA Track & Field, USA Track & Field Minnesota, Great Prairie, Inc., I acknowledge, appreciate, and agree that:**

- 1. I risk bodily injury, including paralysis, dismemberment, disability, and death, and while particular rules of the sport, equipment, and discipline may reduce this risk, this risk of injury does exist, as well as the risk of damage to or loss of property.**
- 2. I knowingly and freely assume all such risk; both known and unknown, even if arising from the negligence of the releases of others;**
- 3. I willingly agree to comply with the state and customary terms and conditions for participation. If, however, I observe any unusual or unnecessary hazard during my presence or participation or if I observe any concern in my readiness for participation, I will immediately bring such to the attention of the nearest official and refrain from participation; and**
- 4. I, for myself, and on behalf of my heirs, assigns, personal representatives and next of kin, hereby release, hold harmless and promise not to sue USA Track & Field, USA Track & Field Minnesota, Dakota Country Fair, Great Prairie, Inc., the venues, the committee, their sponsors, their officers, volunteers, staff, sponsors and/or agents, ("releasees") with respect to any and all injury and loss arising from my participation, whether caused by the negligence of the releasees, the condition of the premises or otherwise, except that which is the result of gross negligence or wanton misconduct, to the fullest extent permitted by law.**
- 5. I agree to be bound by the rules and regulations of the Federation of the International (FINA) and those of USA Track & Field and I hereby stipulate that I am eligible to participate in the events for which I am applying and that I understand that the above mentioned make no representation or warranty with respect to the condition of the premises or the operation of the event.**
- 6. I hereby grant to Great Prairie, Inc. and USA Track & Field, USA Track & Field Minnesota, its licensees and contractees including photographers, television and motion picture rights including to film or videotape me during events, narratives, personal interviews, or comment thereon for any and all commercial, news or other purposes together with the right to transfer or grant their rights to others, all without remuneration or compensation to me whatsoever.**

**I have read this Release of Liability and Waiver Agreement, fully and understand the terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement. And I further acknowledge by their presence that I am aware that DRUG TESTING may occur at this event.**

\_\_\_\_\_  
Participant's Signature

\_\_\_\_\_  
USA Track & Field Membership Number

\_\_\_\_\_  
Participants Name (Printed)

\_\_\_\_\_  
Date of Signature

\_\_\_\_\_  
Parent/Guardian Name (Printed)

\_\_\_\_\_  
Parent/Guardian Signature and Date

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